

The Rules of Tennis Explained

Can you picture this world without the guidelines that is needed to be followed? If that were the case, what utter chaos there would be.

In the game of tennis, there are also rules to be closely followed by every player. It may be disappointing to some because it means that there are a given set of restrictions. As we look back through history, tennis rules have not changed for centuries. Gathered below are the simplified regulations that have to be followed by every enthusiast, be it a beginner or professional.

Tennis Rule One

Each player stands on opposite sides of the court. The server is the player who delivers the ball to begin the point. On the other side, the receiver is the player who is cross-court from the server.

Tennis Rule Two

It is by tossing a coin or even the tennis racquet, that a decision will be made as to who is awarded the right to serve, receive, choose a side or give the opponent these choices. If the option of service or receiver is now ready, the opponent now selects which side to start.

Tennis Rule Three

The server shall stay behind the baseline of the court within the margins of the singles court when playing singles and within the doubles court when playing doubles. The server shall not serve until the receiver is all set. Serves are completed from the court to the receiver's service box on the other court. If the server fails to hit a target twice, a point is lost. If the ball hits the net and goes in the correct service box, another serve is allowed. If the server steps on the baseline before contact is made, the serve is considered an error.

Tennis Rule Four

The receiver is considered prepared if an attempt is made to return the server's ball. The receiver can stand wherever preferred but the ball must bounce inside the service box. If it does not land within the service box, it is deemed a fault and a second serve is permitted. If the ball is struck by either opponent before the ball bounces, the server wins the point.

Tennis Rule Five

If the ball ever goes into the net, or outside the lines of the court, the player who hit that ball loses the point. If the ball comes in contact with the net during the point and goes into the opponent's court, the ball is in play. A player loses the point if the net is touched, the tennis racquet is dropped while hitting the ball, or if the player bounces the ball over the net, hits a part of the surroundings such as the roof, or a tree, the ball touches the players or a partner, or if the player deliberately tries to distract the opponent.

As you continue playing the sport, you may soon discover that there are still more than these tennis game rules. With the preceding ones, it will for sure be a great beginning for you.