

The Best Hiking Boots for You

The best hiking boots on the market are going to be the ones that are lightweight and water resistant. If your hiking boots do not keep the trip enjoyable and allow you to stay dry, you don't have the right boots for you. You also need to have support for your feet necessary to cushion some of the stress on your ankles, legs and back, so your hiking boots should be the best hiking boots based on what type of hiking you plan to do. Different types of hiking trips will have their own most suitable hiking boot.

They Should Boost Your Confidence

The most suitable hiking boots will also make you feel more confident in taking steps that seem trickier than you are used to. Your hiking boots should make you feel almost like you don't have anything on your feet and you should be able to step with ease. You also should have good grip support for those wet or slippery areas because your hiking boot has to be able to withstand the outdoors. In more difficult hiking areas, this support is very important as you can avoid serious injury just by having proper boots.

The best hiking boots are also based on how durable they can be, so you want a good solid boot that will withstand many hiking journeys, not just a couple of trips. Perhaps even lengthy camping trips. The finest hiking boots will be able to last an extended time, which means your money is well spent. While it is impossible to briefly describe the best hiking boots on the market, because of the variances in the hiking trips that each boot cater for, here is a quick snapshot of the various characteristics your boot should have:

- * durability
- * reasonable price
- * excellent grip
- * foot and ankle support
- * water resistance
- * lightweight
- * sturdiness

Note that durability and sturdiness are different. The boot needs to be lightweight enough that it isn't a burden to your walking speed and rhythm, but strong enough that it won't break, tear, or be destroyed by the constant smashing around while you're hiking. It's a tough role to play!

Why You Should Have Good Hiking Boots

The major factor is you will already be carrying a lot of weight on your legs and ankles. You should have a backpack with all your needs on your back and you will also have your own weight to support additionally depending on how much equipment you have, so you could find a lot of stress placed on other parts of your body. If your boots are heavy, then they are not the best hiking boot for you because you will need to support even more weight.